

Ngee Ann Primary School Family Education (SFE) Programme

For Parents/Staff: 2012 Term 1 (Jan - Mar 2012)

Venue: Ngee Ann Primary School

S/N	WORKSHOP/ TALK	DATE	TIME	SUITABLE FOR	SPEAKER
1	Connecting in Love - The 5 Love Languages of Children	14-Jan Saturday	10am– 12noon	Parents	Ms. Esther Chan
2	Understanding Your Child - 7 Multiple Intelligences	18-Feb Saturday	10am – 12.30pm	Parents	Mr. John Kok
3	Building Strong Values in the Home	25-Feb Saturday	10am – 12noon	Parents	Ms. Celine Kheak/ Ms. Angeline Chan
4	Six A's of Positive Parenting	3-Mar Saturday	10am – 1pm	Parents	Mr. Simon Sim

To sign-up, please complete and return the registration slip below. You can also register by e-mail to: tan.moonchong@gmail.com, stating the Workshop S/N and the requested personal details.

[Return completed form to Box # 5 SFE Program at school General Office]					
Registration Slip: <u>NAPS 2012CY Term-1 SFE Parenting Workshops</u>					
Workshop S/N	1	2	3	4	Pls e-mail me future activities
Mark workshops you wish to attend:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Name of Pupil / Class: _____					
Name of Parent(s)/ Tel Contact: _____					
Parent's E-mail Address: _____					

Ngee Ann Primary School 2012 Term-1 SFE Workshop Synopsis

Workshop # 1: Connecting in Love - The 5 Love Languages of Children

Synopsis:

Every child needs to feel loved.

Are you speaking and expressing the right love language to your child?

Every child expresses and receives love best through one of five communication styles.

Do you want to find out which style your child speaks or expresses?

Through this talk, you will learn how to:

- Win the heart of your child in their love language
- Meet your child's deepest emotional needs
- Discover your child's love language
- Build your child's self-esteem

Speaker: Ms. Esther Chan

Esther is trained as a Family Life Educator under Touch Family Services. Esther's passion for the younger generations has led her to actively participate and volunteer in her twin's school viz. Fairfield Methodist School. She works with the School's teachers and HODs on issues relating to Pupil Development and also conducts Character Development sessions for the pupils. Married for 16 years with three children, Esther has a desire to promote and help families build strong bonds and establish meaningful relationships

Workshop # 2: Understanding Your Child - 7 Multiple Intelligences

Synopsis: The workshop will cover the following areas:

- Understand the 7 different intelligences
- Learn the tool to evaluate & recognize your child's dominant intelligence
- Understand the strengths of your child that come with his dominant intelligence
- Pick up practical tips on how to set-up a conducive environment for learning
- Aim to maximize your Child's learning potential.

Speaker: Mr. John Kok

John Kok is a teacher in a local Secondary School. Prior to his current job, he has done volunteering work in countries such as India, China, Cambodia and Thailand. These had given him a greater understanding of cross-cultures and extensive experience working with youths. John Kok had been working with and amongst youths and teenagers for over 20 years. John is a popular Family Life Educator, well sought after by schools and companies to conduct student trainings and interactive workshops on "family" topics. John is married with a child.

Workshop # 3: Building Strong Family Values in the Home

Synopsis:

This programme offers clear practical tips on how to instill strong values in our children. It offers 5 Basic Steps that are simple to follow. It will provide a framework with which parents are able to base on to select their core family values. 10 Principles of Strong Families is presented to parents as a sampling of some good core family values.

Speakers: Ms. Angeline Chan & Ms. Celine Kheak

Angeline Chan is a Parent Educator with TOUCH Family Services and she has a Bachelor's degree in Business (Human Resource Management). She is also an accredited career management consultant and trainer with Lee Hecht Harrison. She conducts one-on-one coaching to give career guidance to corporate clients as well as individuals. Prior to this, she has over a decade of working experience in managing human resources and administration in a multinational corporation. She has conducted numerous corporate trainings as well as life-skills trainings in both primary and secondary schools. She is happily married with 3 children, the girl in JC and 2 younger boys in secondary school.

Celine Kheak is passionate about helping young parents to overcome their challenges in parenting, as well as to discover the fun of it. Celine is a Parent Educator with TOUCH Family Services and she has a Certificate in Competency-based People Helping Skill. She is also trained in Orton Gillingham Approach, a technique which helps individuals with learning differences like Dyslexia. She has a Bachelor's degree in Information System and was formerly an Assistant General Manager of IT. She is married with 2 lovely children, aged 12 and 8.

Workshop # 4: Six 'A's of Positive Parenting by Mr. Simon Sim

Synopsis:

Learn the secrets to raising successful children by applying the Six 'A's of positive parenting – Acceptance, Appreciation, Affection, Availability, Accountability, Authority.

Simon Sim will keep you captivated with his intriguing insights and personal examples of parenting. And you will also get answers to:

1. What makes a Band 1 parent?
2. How Six 'A's can help you raise a successful child?
3. Why PSLE matters?
4. What is your parenting style?
5. How to strengthen relationships in your family?

Simon Sim is the author of "The Family CEO" and retired General Manager of TOUCH Community Services. He is a popular Family Life Coach and has enthralled thousands with his brand of "edutainment" - providing humorous yet honest insights about life, love, marriage and parenting. Simon has addressed staff of ministries, statutory boards, corporations as well as parents in various schools on strengthening family relationships. He has also been invited to speak at events such as Singapore Parenting Congress 2005 and Marriage Convention 2006. Simon is married for 32 years with 3 children in their twenties.